

**MAJOR EXTENSION PROGRAMS
STATE UNIVERSITIES & COLLEGES**

ACCOMPLISHED (2023)

NAME OF SUC	TITLE	NATURE	EXPECTED RESULT/OUTCOME
Southern Luzon State University	Practical School on Early Childhood Education	Social Services, Early Childhood Development	Day care children will have improvement in the performance as well as the day care child workers.
	TAWAG (Tutorial with Around the W orld in Achieving G oals)	Livelihood Skills Training	Helping out-of-school youth, adults and unemployed individuals from Lucban and nearby towns in Quezon Province to be job ready. This training will also give other possible job opportunities other than landing a job in the BPO industry.
	Kaagapay sa Kalusugan at Kaligtasan (KKK) Para sa Senior Citizens	Health Awareness Social Services	Enhancing the health condition of senior citizens through health education to prevent senior citizens degenerative diseases to guide the community towards development. Enhanced knowledge and awareness on different lifestyle related to diseases.
	Sugar Mo, Alaga Ko	Health Awareness	Providing education, monitoring and management of clients with diabetes. Promote the quality life and prevent further complication among diabetic clients.
	“HUBOG” (Hikayatin sa Pag- U nlad B ayan kong Iniir O G)	Livelihood Skills Training Agriculture and Rural Development Community Development	Teaching the farmers organic farming and agri-businesses that will help them to earn extra income. Furthermore, farmers taught basic oral communication skills to increase their confidence in agricultural marketing and in coping with our complex and technological world.
	Enhancement Training Program for Senior High School Mathematics Teachers	Literacy and Informed Citizenry	This project aims to enhance the skills and knowledge of senior high school teachers in calculus, and probability and statistics subjects. This will lead to the improvement the Mathematics NAT score of Quezon province

	BAYANIHAN PARA SA BALIK KABAYAN: BalikaBayanihan Psycho-Social & Entrepreneurial Training	Livelihood and Skills Training Community Development	This project aims to organize the provincial level capacity-building training for returning OFWs and their families from Quezon Province. Overall, the training is expected to equip participants with psycho-social and entrepreneurial capacity to withstand the challenges brought about by the pandemic and returning home from working abroad for years.
	C.A.R.E. - Covid- 19 Awareness and Resources for Early childhood in the Post-Pandemic	Literacy and Informed Citizenry Community Development	To assist the parents in Lucban, Quezon in guiding their children in coping to the new normal during post-pandemic and to assist their children in developing their fine motor skills and helps them lessen their children's boredom through the different learning activities.
	Technology-capability Enhancement and Advancement of Makapuno (TEAM) Farmers in ALQUEREZ Island	Agriculture and Rural Development	This project aims to enhance the technology-capability and ensure advancement in the life of makapuno farmers in the three municipalities of Alabat, Quezon and Perez, Quezon.
	SLSU students Teaching Underprivileged, Technically-overt and at-Risk Senior Highers	Literacy and Informed Citizenry	This project aims to help senior high school students at risk (SARs) cope in their learning process and develop their skills and enhance their knowledge specifically in areas of TVL, by providing the students with online tutors. At the same time, this will hone the future teachers of Lucena campus on the use of technology in teaching and dealing with their students in their future endeavor.
	PARENT-GUIDED INTERVENTION through Comprehensive and Holistic Instructions towards Literacy and Development (CHILD)	Literacy and Informed Citizenry	The project aims to establish a positive parent-child relationship by helping the parents of the elementary students to guide their children to become independent and motivated readers and to develop parent's awareness of their responsibility.

	amidst COVID 19 Pandemic (Part 2)		
	Project CROPP-PDL : Creating C ontinual R esources through O rganic P lant P roduction among the Persons Deprived of Liberty	Agriculture and Rural Development Livelihood and Skills Training	This project will conduct training on urban gardening to the persons deprived of liberty (PDLs) at Lucena City District Jail. This will also empower the PDLs in having a sustainable source of food and livelihood that will hone them as more productive citizens.

**MAJOR EXTENSION PROGRAMS
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ON-GOING (2024)

NAME OF SUC	TITLE	NATURE	EXPECTED RESULT/OUTCOME
Southern Luzon State University	Pederasyon ng SLP ay Palakasin, Tagumpay ay Kakamtin	Business Enterprises Community Development	Assisting the members of the Sustainable Livelihood Program Association by providing various training. At the end of the two-year project, the SLPA Officers and its members will be able to build their confidence through spearheading activities in Tagkawayan, Quezon and develop community driven enterprises by functional SLP groups contributing to Local Economic Development.
	Dagdag na Kita sa Libangan ng Pamilya	Livelihood Skills Training Agriculture and Rural Development	Improving the values and time management capabilities, help alleviate the economic status of the Aeta community in General Nakar, and the 4P's beneficiaries of Lucban and Catanauan, Quezon by engaging in improved native chicken production.
	Adopt-A- Cooperative	Business Enterprises Community Development	Assisting leaders of small cooperatives in Lucban, Quezon in governing their respective cooperatives and enhancing the leaders' capability and make them competent and knowledgeable in setting cooperative's direction.
	HEEL: Health, Education, Environment and Livelihood	Health Awareness Livelihood Skills Training Environmental Awareness	Conducting seminars and trainings among the different out of school youth (OSY), unemployed and/ or household mother of Gumaca, Quezon to educate and develop their skills which will later on allow the beneficiaries to be more productive and self-reliant citizens.

	KAMI NA PO COCO Project (K Abuhayan ng M illineal na N Anay ng P olillo-Buhat sa C OConut)	Livelihood Skills Training	The KAMINA PO COCO Project is a two in one project which will help resolve the unemployment of adolescent mothers of Polillo and at the same time will help the residents of Polillo develop an alternative product of coconut. With this project, the socio-economic status of the adolescent mothers will be uplifted through self-employment from previously unemployed status.
	Like and Love Shelter: Life Skills Improvement, Knowledge Inculcation, Livelihood Opportunities and Values Enrichment for Shelter for Children and Women at Risk	Social Services	Providing psycho-educational intervention services to the parents of children admitted in the shelter that classified as Children in conflict with the Law (CICL) Physically Abused (PA); Sexually Abused (SA); Verbally Abused (VA) Children at Risk and Neglected. Families who will receive the therapy could have better understanding of healthy boundaries and family patterns and dynamics and eventually develop a positive attitude as the family face difficult situations.
	Skills Training for Out-of-School Youth and Displaced Workers	Livelihood Skills Training	Conducting skills training for the Out-of-School Youth and Displaced Workers of Lucban Quezon with limited economic options due to pandemic. Upon the completion of the one-year project, trainees in these qualifications may qualify to take the National Assessment (NCII) that will enable them to acquire employment and uplift their living.
	Beekeeping (Melliponiculture) and Agroforestry Technology Adoption for livelihood Option and Resource Conservation of LGU and Locals of Paete, Laguna	Livelihood Skills Training Agriculture and Rural Development Community Development	Capacitating the local community and the LGU Paete on ways to nurture and propagate native honeybees in the area. At the end of the project, apiary and bee pasture areas in the locality will establish.

	AKBAY (Alalay sa mga K atutubong B adjau tungo sa pag A hon at pag Y abong)	Social Services Livelihood Skills Training	Empowering the Sama-Badjau tribe members through basic literacy program for adult tribe members, capacity building, physical fitness, and talent workshops.
	Kabute at Pukyutan: A Livelihood Program for Farmers Association in Tiaong Quezon	Agriculture and Rural Development	Improving the lives of the farmers in Tiaong, Quezon by providing technical assistance through seminars and training on the importance, processing, and marketing of mushroom and bee products.
	Dwarf Coconut Demonstration Farm in SLSU Tayabas	Agriculture and Rural Development	Establishing a Coconut Demonstration project that will generate technology to be shared through extension services. The ultimate target is to increase coconut and improve its productivity and social and economic benefits.
	“CATAN-A-WAN” (CATAN auan: A dopted Municipality for the W elfare A nd Development of the N eighborhood	Livelihood Skills Training	Giving awareness on water and waste management. It shall also provide training-workshops on the computer, electronics, electrical, entrepreneurship, and welding, and introduce technologies like solar and pumps. With this, participants will develop their awareness, knowledge, and skill to help them and their community start alternative income sources.
	Re-organization and Re-establishment of AMIA San Francisco Farmers' Cooperative	Good governance	This project aims to assist the AMIA villagers in forming or establishing their cooperative. Through this effort, it is expected that AMIA villagers will establish and organize their own cooperative and give stronger involvement in the value chain and increasing their market power.
	Baga Mo Alaga Ko	Health and Nutrition	This project will assist the government in diagnosing and evaluating people with TB thru Chest X-ray examination. This will also aim to reduce the possible spread of disease in the community. Doing such, healthy and beyond mediocrity quality life among the people in the community can be achieved.

	Timbang mo, Alamin mo at Babantayan ko	Health and Nutrition	This project envisioned to develop clients to practice positive health outcome by employing change in eating habit and practices and be engaged in healthy active lifestyle activities among the selected solo parent members. This also aims to create a positive health outcome and to manage their weight to prevent the risk of having obesity related problems.
	Inter-Actions: An International Webinar Series on Language & Communication Studies	Literacy and Informed Citizenry	This project will provide a platform through a webinar on which to discuss the current developments in language and communication studies. This also envision to create better name recall of Southern Luzon State University as a Philippine center of academic conversations in language and communication studies in the global stage.
	MAUBAN (Municipality And University Building Alliance for Nation-building): Community-based Mental Health Awareness and Intervention Program	Community Development Health and Nutrition	This project aims to provide mental health services in the community and in the workplace by raising mental health awareness, acquiring knowledge and skills through the specialized trainings, and improving their well-being through counseling, psychotherapy, and rehabilitation.
	Project DATE (Development of Advanced Training Course Modules, Training of Mathematics Teachers, and Participatory Evaluation)	Literacy and Informed Citizenry	This project aims to develop the content knowledge of Mathematics Teachers in the following areas: Patterns and Algebra; Geometry; and Statistics and Probability. This could also result to the improvement of mathematical competence of thousands of high school students in Binulasan Integrated School, Infanta National High School, Langgas National High School, and Infanta National High School.
	SLSU-REED+Plus – An Intervention Model for Research, Extension,	Livelihood and Skills Training Community Development Good governance	This project aims to promote research, extension and enterprise developed in the community. Design and implement project, activities and interventions that promote sustainable utilization of the natural resources, new livelihood opportunities, and policy development that support local economic development.

	Enterprise & Policy Development Continuum		
	Adopt A Community of Dumagat In Brgy. Taluong Polillo, Quezon	Health and Nutrition Literacy and Informed Citizenry	This project aims to inculcate love of culture, improvement of way of living and promotion of education among Dumagat families and to empower Dumagats, living with improved health, embrace cultural and religious practices with self-confidence.
	Salin: A Gender-Sensitive Training-Workshop in Language Translation	Literacy and Informed Citizenry	It aims to provide knowledge and information in translation. It will assist teachers to broaden their experience in translating documents and to use gender-fair language appropriately. Also, this program will be able to help them to translate apt meaning of a word or a sentence linguistically, semantically, and pragmatically. Through, first-hand experience in translation, this training will help them to become specialists in translation.
	E-SKUL: Edukasyon para Sa Kabataan Upang Labanan ang kahirapan	Livelihood and Skills Training Literacy and Informed Citizenry	The project aims to help alleviate poverty of the Out of School Youth through education. This will be done in Macalelon, Quezon with a poverty incidence of 19.16 and ranks 12th in the 2018 Poverty Incidence in Quezon Province. The project will provide series of seminars and trainings in computer literacy.
	SOCOOP: Sustainable Operation of community-based COOPeratives in Quezon through mentorship	Literacy and Informed Citizenry	This project aims to provide guidelines for developing a mentoring program for the sustainability of operations of cooperatives. From the introduction of mentoring approach, development of mentoring program for the cooperatives to the initial implementation of such mechanism will be covered by this program through the CABHA-GS faculty, local (QFUC) and international (Catalyste+) partners on this undertaking.
	BOSIGON: Bosigon the Skills of Indigent Ginang through (Livelihood, Education, Health)	Community Development	3ks sa Kababaihan, focuses on rural women empowerment and community development and provide them with opportunities through literacy, health seminar, and livelihood activities in the far-flung barrio in Tagkawayan, Quezon.

	Opportunities and Networks		
	Electronic Learning for Relevant Needs of Barangay Key officials of Metro Tagkawayan (e-Learn)	Literacy and Informed Citizenry	The general objective of this project is to technological skills to the Metro Barangay Key Officials
	FISH: Fisherfolks Intervention for Sustainable Livelihood Projects for Households in Coastal Communities of Tagkawayan	Community Development	This project aims to promote and transfer matured technology of fish processing among households in coastal communities of Tagkawayan.

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PROPOSED (2024)

NAME OF SUC	TITLE	NATURE	BUDGET	EXPECTED RESULT/OUTCOME
Southern Luzon State University	The Natures Patrollers of Mt. Banahaw (Phase II)	Environmental Governance	314,690.00	The project aims to establish an organization from the two selected clusters (SQ and NL) that will be called “The Nature Patrollers of Mt. Banahaw.”
	Linking government, organization, and communities for healthy and sustainable Valenzuela City Environment (LoVE) Project	Agriculture and Rural Development	135,000.00	The project aims to establish an urban green space in Valenzuela City using native/indigenous tree species.
	Kalinga at Kabuhayan para sa Kinabukasan	Community Development	121,000.00	The main objective of this project is to facilitate holistic development of Persons Deprived of Liberty (PDL) at the Bureau of Jail Management and Penology (BJMP) Lucena City – Female Dormitory.
	3FPs: Food Processing, Food Packaging, and Food Product labeling among the Barangay Underserved Residents	Community Development	188,000.00	This project aims to provide training to underserved residents in Barangay Camflora on processing techniques, ensuring they acquire the knowledge and skills necessary to process food.
	Nutritional product Utilization Towards Restoring Income sources for the Community (NUTRI-C)	Community Development	137,095.00	The project aims to provide livelihood opportunities to the house wives and husbands of Brgy. Manasa Lucban, Quezon, through a series of training which utilizes the raw materials in their area.

	Habi agta: HanapBuhay mula kay Inang kalikasan para sa mga agta	Community Development	335,550.00	The main objective of this project is to have a sustainable livelihood for the Agta Community by conservation of their raw materials used in weaving
	Skills Training for Drug Surrenderers (Tokhang) in Lucban, Quezon	Community Development	374,900.00	The project aims to provide knowledge and skills among male and female beneficiaries and can be apply the learned skills to have an additional source of income and it can be a source of working opportunities for them
	Island Pineapple: Advancing Production through Sustainable Operations	Community Development	170,400.00	This project aims to strengthen the pineapple production for sustainable operation of pineapple producers in Panukulan, Quezon and nearby municipalities through training and capacity building
	Bida si Lolo at si Lola	Gender Equality and Literacy and Informed Citizenry	160,860.00	The project aims to inform the elderly on what privileges they can enjoy from the government that will help alleviate the difficulty of their situations as senior citizens.
	Bulati 2: Wash: Kalinisan Ay Palaganapin, Kalusugan Ay Pagyamanin	Health and Nutrition	358,391.42	This project aims to minimize the spread of infectious diseases among children in Barangay Nagsinamo, Lucban, Quezon
	WE ARE WELL: Healthy Eating, Moving, and Living!!!	Health and Nutrition	180,000.00	This project aims to develop a well community through a series of training by assisting individuals in the process of developing a personalized Individual Kit to cater to their specific needs and preferences. This involves providing guidance, resources, and assistance to ensure that each participant has a customized kit tailored to their unique requirements. By supporting participants in creating an Individual Kit, we aim to empower them to take control of their own well-being and be prepared for any situation that may arise. Our goal is to help individuals feel confident and self-sufficient by equipping them with the tools and resources they need to thrive in their daily lives.

	Bantay Tubig: Training on Adaptation of Water-Related Events Web Based Information System	Health and Nutrition	184,000.00	The project aims to enhance the knowledge and upskill the beneficiaries through capacity-building activities and conducting seminars and utilize the transferred technology, Water Related Events Web-based Information system
	Techno-Psych Serv: Technology-Based Psychological Services and Mental Health First Aid Training for Persons with Mental Disability (PWMD), Caregivers, and Community	Health and Nutrition	340,300.00	The main objective of this extension project is to provide free mental health services to adult PWMDs and to help increase their level of functionality and psychological well-being. Of equal importance to this is that the project also intends to increase the level of mental health literacy of these patients' adult family members/caregivers and the adult community responders in the area.
	Capacitating Coastal Barangays in Mauban, Quezon On Management Development Plan	Good Governance and Environmental Governance	111,520.00	The objective of the project is to build the understanding of the concept and need for ecosystem approach to fisheries management and acquire necessary skills and knowledge to be able to develop, implement and monitor an EAFM plan for better management of capture fisheries.
	Uplifting Cooperative Transparency through Optimization of Technology for Financial Recording and Reporting	Literacy and Informed Citizenry	70,000.00	This project aims to To capacitate MAKABARYO ABANG KALANGAY ALILIW TRANSPORT COOPERATIVE (MAKA TC) in Lucban, Quezon in implementing a digitalized financial recording and reporting system.
	VIRUS: Vigilant Innovations and Reinforcements for User Safety against cyber related problems in the 21st century	Literacy and Informed Citizenry	72,000.00	The general aim of the project entitled, "VIRUS: Vigilant Innovations and Reinforcements for User Safety against cyber related problems in the 21st century" is to strengthen knowledge of DNHS personnel and PTA Officers about cybersecurity and to familiarize them about RA 10175 by providing seminar-training with proper guidance and demonstrations.
	DINSULAN: Quezon Writers Workshop	Literacy and Informed Citizenry	351,177.00	The main objective of this project is to equip the fellows with knowledge and resources needed to pursue writing endeavors through various sessions.

	LEARN: Literacy Enrichment and Advancement of Reading and Numeracy through Parents and Community Involvement	Literacy and Informed Citizenry	177,900.00	The goal of Program LEARN is to reduce learning gaps and promote academic success among elementary pupils who are members of the Pantawid Pamilyang Pilipino Program (4Ps) by enhancing their reading and numeracy skills through engaging parent- student collaborative activities and parental seminars .
	MUSICKING: A Music Literacy Enhancement Program for Public Elementary Teachers	Literacy and Informed Citizenry	100,000.00	This project aims to shape Elementary Music Teachers to be musically literate.
	CTEhanan at Turuan: A Training Program for Research Capability Enrichment among Selected Senior High School Teachers in Lucban, Quezon	Literacy and Informed Citizenry	53,700.00	This program intends to enrich knowledge, skills, and attitude of secondary school research teachers and uplift standards in selected aspects of conducting and teaching research.
	LAKBAY-KASAYSAYAN: Enriching Local History and Culture for Elementary Teachers	Literacy and Informed Citizenry	227,000.00	The project aims to promote local history and enrich its knowledge by employing various activities and training for the locality members, especially those from the education sector, turning them into leaders and initiators in appreciating the history and culture of Lucban.
	Mentoring the Sports mentors: A Program towards Building Champions!	Literacy and Informed Citizenry	155,000.00	This project aims to To produce certified coaches for public schools in Lucban, Quezon.

	Lead, Empower, Actuate, Deliver (LEAD): Training Course in Reinventing Leadership with the Learner's Context in Mind	Literacy and Informed Citizenry	99,600.00	Generally, this project aims to train participants to retool them about concepts in educational management. This is to address various educational challenges and issues in response to the fast-changing educational landscape in the country.
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AKBAY (Alalay sa mga Katutubong Badjau tungo sa pagAhon at pagYabong)

Empowering the Sama-Badjau tribe members through basic literacy program for adult tribe members, capacity building, physical fitness, and talent workshops.

Project Duration: July 1, 2021 – June 30, 2024





Inter-actions: An International Webinar Series on Language & Communication Studies

Bring together some of the most respected scholars in language and communication studies from around the world to talk about their research and bringing an abreast discussions on key issues, academic conversations, research tools, and other related resources on language and communication skills.

Project Duration: September 1, 2022 – August 31, 2023





SOCoop “Sustainable Operation of Community-based COOperatives in Quezon through mentorship”

Provides guidelines for developing a mentoring program for the sustainability of operations of cooperatives. From the introduction of mentoring approach, development of mentoring program for the cooperatives to the initial implementation of such mechanism

Project Duration: January 1, 2024 – June 3, 2025





Project **CROPP-PDL**: Creating **C**ontinual **R**esources through **O**rganic **P**lant **P**roduction among the Persons Deprived of Liberty

Conducts training on urban gardening to the persons deprived of liberty (PDLs) at Lucena City District Jail. This will also empower the PDLs in having a sustainable source of food and livelihood that will hone them as more productive citizens.

Project Duration: September 1, 2022 – August 31, 2024





Baga Mo Alaga Ko

Diagnosing and evaluating people with TB thru Chest X-ray examination.
This will also aim to reduce the possible spread of disease in the community. Doing such, healthy and beyond mediocrity quality life among the people in the community can be achieved.

Project Duration: September 1, 2022 – August 31, 2024





Skills Training for Out-of-School Youth and Displaced Workers

Conducting skills training for the Out-of-School Youth and Displaced Workers of Lucban Quezon with limited economic options due to pandemic. Upon the completion of the one-year project, trainees in these qualifications may qualify to take the National Assessment (NCII) that will enable them to acquire employment and uplift their living.

Project Duration: July 1, 2021 – June 30, 2022





Timbang mo, Alamin mo at Aalagaan ko

This project envisioned to develop clients to practice positive health outcome by employing change in eating habit and practices and be engaged in healthy active lifestyle activities among the selected solo parent members. This also aims to create a positive health outcome and to manage their weight to prevent the risk of having obesity related problems.

Project Duration: September 1, 2022 – August 31, 2024



